

Welcome to the New York GI Center, LLC

The New York GI Center provides care to patients requiring outpatient Colonoscopy and Upper Endoscopy procedures.

Your doctor's office has scheduled your procedure at New York GI Center. A representative from the NYGI Center will call you to obtain a medical history and confirm your appointment date and time. **Please note, due to changes in the schedule, the time given to you by the NYGI Center might vary from the time given at your doctor's office.** When arranging a ride allow 2 hours prior to your scheduled appointment time.

Preparation for Your Procedure

Follow the instructions given to you by your doctor's office. Discuss with your doctor what medications you should take the morning of your procedure. Any questions regarding preparation and medication should be answered by your doctor.

If you have sleep apnea please discuss this with your doctor.

On The Day of Your Procedure

If you are instructed to take your medications, do so at least 2 hours prior to your procedure time. Blood Pressure and Cardiac medications can be taken with a tiny sip of water.

Wear loose fitting clothing that can be easily changed and is comfortable to wear home after you procedure. Bring a pair of flat or non-skid shoes with you.

Leave valuables, (jewelry, ipods, money, credit cards) at home. Please note the NYGI Center assumes no responsibility for lost or misplaced items.

Upon arrival, you will be asked to present your insurance card. After the admission process you will be taken to the procedure area to meet an RN who will help prepare you for your procedure. An Anesthesiologist will review your medical history.

Important Points to Remember

- On the day of the procedure **NO GUM CHEWING< COUGH DROPS< HARD CANDY OR SMOKING!**
- Nothing by mouth is allowed after midnight unless instructed otherwise.
- Take your medication with a tiny sip of water only, as directed by your physician.
- Bring a list of medications with you.
- A representative from New York GI Center will call to give you your arrival time.
- Arrange for an adult to drive you home. You will not be permitted to drive or leave the facility without a ride home.
- Do not leave your cell phones on once you have been taken into the procedure area.
- Leave all valuables at home. Please note the NYGI Center assumes no responsibility for lost or misplaced items.

Departure Policy

To assure your safety, you must have a ride home with a responsible adult after your procedure. It is not necessary for your escort to wait, an estimated time for pick-up can be provided. If no one is available to accompany you home, you can contact Partners In Care @ 888/ 943-8435 or www.partnersincareny.org several days prior to your procedure date to arrange for a certified home health aid to accompany you home. You should discuss pricing at that time.

A complete set of written discharge instructions ordered by your physician will be explained by the RN and a copy will be given to you.

We look forward to making your visit to the New York GI Center a pleasant one.

Any additional questions please call 718-863-0575